



PRAYER TO ST. CARLO ACUTIS

Carlo, smile of heaven
for this wounded and peaceless world,
we praise God for your simple, joyful and holy life.

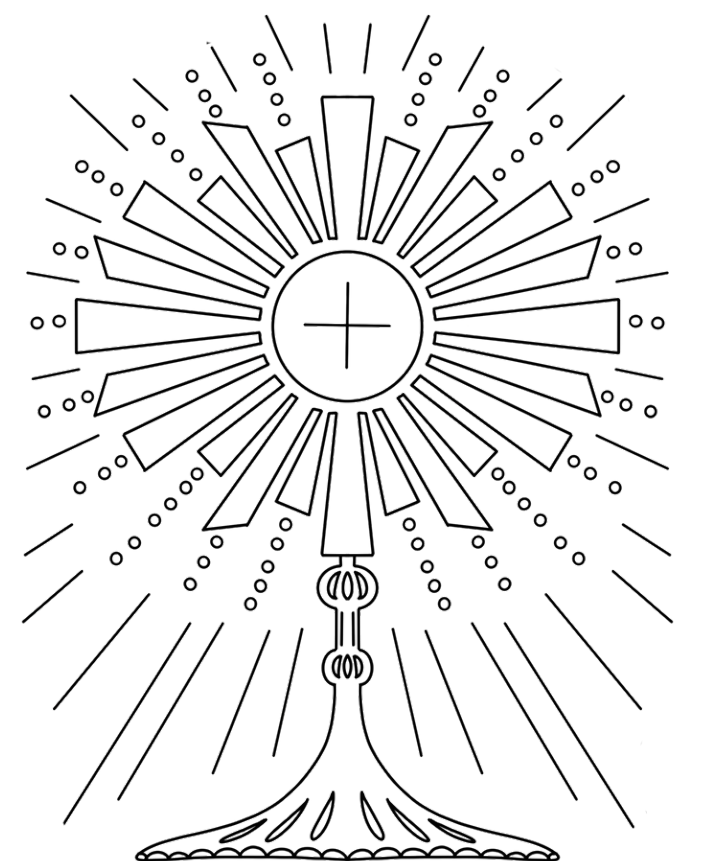
You accepted with trust
to be stripped of your youth
to dedicate yourself in heaven, with Jesus and Mary,
to a mission of boundless love.
Resting with your mortal body
where Francis of Assisi
stripped himself of every earthly good,
you cry out with him to the world
that Jesus is all our joy.

Young man, full of dreams,
attracted by nature, by sports, by the internet,
but even more enraptured by the miracle
of Jesus truly present in the Sacred Host,
help us to believe that He is there alive and true,
the mystical “highway” that leads to heaven,
and teach us to contemplate Him with Mary,
in the mysteries of the Holy Rosary.

Explain to us, Carlo,
that, beyond every fashion,
only Jesus, by uniting ourselves to Him,
makes us “originals and not photocopies,” truly free.
Grant us know how to meet Him
in every creature, but especially in the poor,
so that humanity may be more just and fraternal,
rich in beauty and hope,
to the glory of the Father, the Son,
and the Holy Spirit. Amen

“THE EUCHARIST IS MY
HIGHWAY TO HEAVEN”

St. Carlo Acutis





KEY FACTS

about

St. Carlo Acutis

- **Born:** May 3, 1991, in London, England
- **Grew Up:** Milan, Italy
- **Family:** His parents weren't practicing Catholics, but Carlo found his own deep love for Jesus
- **Loved:** Soccer, PlayStation, Pokémon, making videos, computer, animals, and being with his friends
- **Faith Practices:** Daily Mass, frequent Rosary, Adoration
- **Famous Saying:** "The Eucharist is my highway to Heaven."
- **Special Talents:** He taught himself coding and website design
- **Major Project:** Created a website cataloging Eucharistic miracles from around the world
- **Service:** Defended bullied classmates, helped the poor, volunteered as a catechist
- **Illness & Death:** Diagnosed with leukemia at age 15; died a week later on October 12, 2006
- **Beatified:** October 10, 2020
- **Canonized:** September 7, 2025

Explore More About Carlo

-  **Carlo's Eucharistic Miracles Website:** <http://www.miracolieucaristici.org>
-  **EWTN Documentary:** [I am With You - A Documentary on Carlo Acutis](#)
-  **Formed.org:** [The Boy From Milan \(watch the trailer\)](#)
-  **Vatican News:** [Miracles attributed to Carlo Acutis](#)

YouTube



- [The Life of Carlo Acutis](#)
- [Saints in Seven: Carlo Acutis](#)
- [Lego Short Film on Carlo Acutis](#)
- [EWTN Cartoon About Carlo Acutis](#)
- [What's The Story of Blessed Carlo Acutis?](#)



Scan here to
view the videos

WHAT IS EUCHARISTIC ADORATION?

‘Eucharistic Adoration’ or the ‘Exposition of the Blessed Sacrament’ is a special type of prayer that happens outside of a celebration of Mass.

Exposition of the Blessed Sacrament refers to the ritual when a consecrated host is taken from the tabernacle and is placed in a sacred object called a **Monstrance** so that the Eucharist can be displayed and seen by the congregation.

It is called the “**Exposition** of the Blessed Sacrament” because the Eucharist is ‘**exposed**’ for all to see.

This type of prayer is called “adoration” because we are **adoring Jesus’ real presence**.



BEFORE EUCHARISTIC ADORATION

Let us prepare for a time of prayer...

Before we enter the chapel, let us spend a moment in silence to prepare our hearts and minds for this encounter with Jesus, as we get ready to adore his awesome presence.

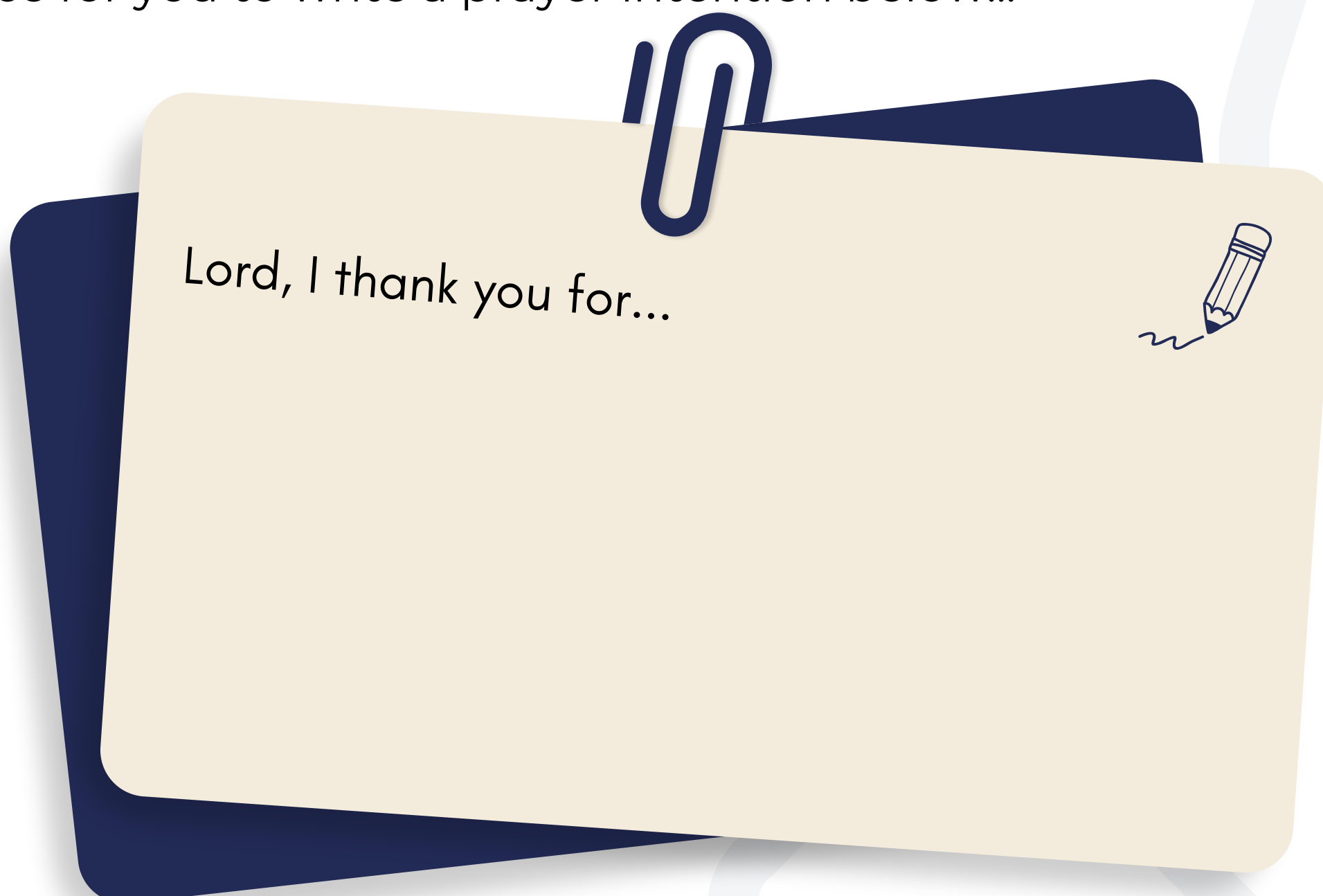
The word Eucharist means “**to give thanks**”.

“The Eucharist is an act of thanksgiving to God
The Catechism of the Catholic Church (1329)”

Therefore, we invite you to use this time to think of something that you are grateful for that you can offer to God during this time of Eucharistic Adoration.

Perhaps you would like to give thanks for a moment or an encounter that you have had during your time in Lourdes so far, or perhaps you would like to give thanks for someone or something back at home.

There is a space for you to write a prayer intention below...



Pause and Ponder

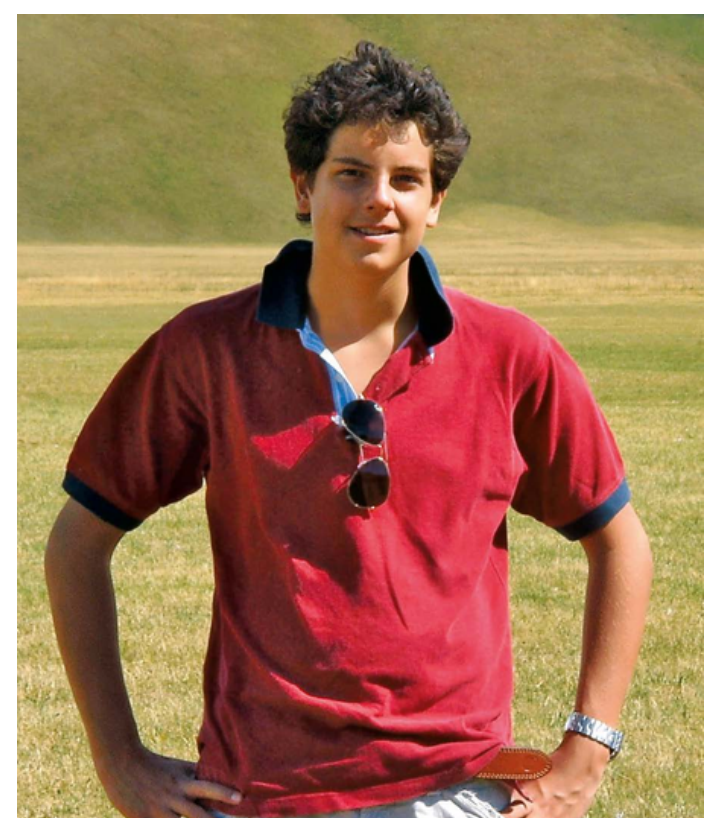
Find some time to reflect on these beautiful quotations about the Eucharist from some holy men and women in the church...which quote speaks to you?

“ When you look at the Crucifix, you understand how much Jesus loved you *then*.
When you look at the Sacred Host, you understand how much Jesus loves you *now*. ”
Saint Teresa of Calcutta



“ There is nothing so great as the Eucharist.
If God had something more precious,
He would have given it to us. ”
Saint John Vianney

“ The more Eucharist we receive, the more we will become like Jesus, so that on earth, we will have a foretaste of heaven. ”
Saint Carlo Acutis



“ If angels could be jealous of men, they would be so for one reason:
Holy Communion. ”
Saint Maximilian Kolbe